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May 2011

Senior Moments Newsletter

Collaborating with our Readers, For our Seniors

Senior Provider of the Month:



Safe Haven at Lenox Park
Arkadiy Yakubov, Director

"The Art of Better Living" is the motto of Safe Haven at Lenox Park. This assisted living home is located in the Buckhead/Brookhaven area of town and accommodates up to 6 residents who require assistance with activities of daily living to live the quality of life they desire. They accepted their first resident in 2008 and Arkadiy and his staff feel very blessed to have these residents as extended members of their family.

One of their first residents to move into Safe Haven was a young lady named Mitzi who moved from Florida to Atlanta to be closer to her son. Mitzi was 97 years of age when she made Safe Haven her home. Mitzi was able to move into a private bedroom and bath, which was important to her for privacy. She also enjoyed eating and was thrilled to know that she would have a professional chef cooking meals for her each day. She enjoyed being active and was able to participate on various trips throughout Atlanta, including the Atlanta Aquarium. Mitzi and her son were initially unsure of what services were offered at an assisted living home and were concerned that it would be "institutional living." Safe Haven ended up being the perfect living option for Mitzi as her physical

body became more frail. She was able to have the 24 hour care she required and she peacefully passed away a year ago in the place she considered home. Mitzi had a true appreciation for life and lived by the words, "Love the world and the world will love you back." This was her secret to a long and happy life.

Arkadiy and his staff family feel that they are living Mitzi's words. They are committed to enhancing the quality of life for seniors and are excited to be opening their second location in July. This second assisted living home is located in Brookhaven and will provide a home to six new residents. It is called Safe Haven at Brookhaven and for information on this grand opening, you can contact Arkadiy Yakubov at 404-388-5871. For a tour of Safe Haven at Lenox Park, stop by 1137 Lynmoor Drive, Atlanta 30319.